



Emmbrook Infant School 2025-2026 PE and Sport Premium Annual Statement

***'By the age of 7 years old most children are said to have
already decided whether they enjoy being active'***

**At Emmbrook Infant School we want our children to understand the benefits
of a healthy lifestyle and to enjoy being active. We aim to offer a range of different activities
that will cater for every individual preference.**

Once a child is passionate about a physical activity, they will become naturally more physically active and will benefit from having:

More energy
Better night sleeps
Stronger muscles and bones
A leaner body
Lower blood pressure and blood cholesterol levels
Reduced stress levels
A more positive outlook on life
Increased circle of friends
Less of a risk to developing type 2 diabetes
Improved confidence levels
A greater self-belief

At Emmbrook Infant School, we aim to instill this passion in all our children.



Emmbrook Infant School 2025-2026 PE and Sport Premium Annual Statement

Key achievements to date:	Areas for further improvement:
<ul style="list-style-type: none"> • 91% of pupils have a love of PE in school as evidenced in the PE Survey PE survey indicates that children really enjoy the range of sports taught in school • High uptake of participation at extra-curricular sporting clubs • High uptake of participation in USports lunchtime activities • CPD for PE Leads • Children always receive at least 2 hours of PE every week • New playground resources and equipment to encourage physical activity/small team games • Continue to offer alternative sporting opportunities within PE 	<ul style="list-style-type: none"> • Identify focus areas for further CPD for teaching staff • Investigate sports competitions for KS1 pupils to participate in • Investment in a dance programme to ensure high quality dance lessons are delivered across the school • Participation in WBC Active Movement programme to encourage activity and promote a healthy lifestyle

Meeting national curriculum requirements for swimming and water safety	Please complete all of the below:
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres? N.B. Even though your children may swim in another year please report on their attainment on leaving primary school.	N/A
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	N/A
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	N/A
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	N/A

Academic Year: 2024/25	Total fund allocated: £17,820	Date Updated: September 2025		
Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school				
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
<ul style="list-style-type: none"> • Provision of lunchtime and after school clubs- Offer of a free club for all PP pupils • Employment of qualified sports coaches and PE specialists to enhance or extend current opportunities offered to pupils - • Children are able to access quality play and sports resources through lunch time break organised by LTS • Participation in Wokingham BC sports events where appropriate. • Delivery of Gymnastics and dance is enhanced through appropriate resources 	<ul style="list-style-type: none"> • Wide variety of clubs offered to include all interests e.g. Dancing Stars, Street dance, football, gymnastics, fencing • TA qualified dancer to lead dance sessions at lunchtime in playground • Clubs promoted in assemblies • Purchase of new equipment as required • Appropriate PE lead to supervise children at event after school • Purchase of PEHub resource • Staff training 	<p style="text-align: center;">£4860</p> <p style="text-align: center;">£11000</p>	<ul style="list-style-type: none"> • Playground observations and pupil survey to follow • Equipment purchased and being used effectively • Monitor uptake of clubs • Participation at WBC events documented and photos shared with whole school community • At least good gymnastic and dance lessons observed by PE Lead 	<ul style="list-style-type: none"> • Survey children for preferred lunchtime activities • Refresh clubs when numbers are down. • Ensure correct care and use of equipment. • Survey pupils for choice of games resources • PE lead to ensure events are organised and Risk assessments completed. • CPD for all staff

<ul style="list-style-type: none"> Travel to school plan to encourage walking or scooting 	<ul style="list-style-type: none"> Pupil assembly School focus on Walk to School week Scooter Heroes programme 		<ul style="list-style-type: none"> Pupil and staff activity increased daily 	Evaluate and continue in 25/26
----------------------------------------------------------------------------------------------------------	-------------------------------------------------------------------------------------------------------------------------------------------------	--	--------------------------------------------------------------------------------------------	--------------------------------

<ul style="list-style-type: none"> Participation in the Wokingham Active Movement programme 	<ul style="list-style-type: none"> All classes to participate in the programme and report back SLT to monitor 		<ul style="list-style-type: none"> Pupils' learning behaviours improved due to movement breaks 	
------------------------------------------------------------------------------------------------------------	---------------------------------------------------------------------------------------------------------------------------------------	--	---------------------------------------------------------------------------------------------------------------	--

Key indicator 2: The profile of PESSPA (Physical Education, School Sport and Physical Activity) being raised across the school as a tool for whole school improvement

School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
<ul style="list-style-type: none"> Ensure all children are aware of the importance of a healthy lifestyle, including both diet and regular exercise Pupils are aware of the importance of daily physical exercise and enjoy being active in school PE curriculum reflects a well-planned spiral curriculum that enables pupils to build on prior skills and enjoy PE lessons. 	<ul style="list-style-type: none"> Healthy Week with activities booked-Life Bus, Buttercup the Cow, Sports' workshops, A-Life, U Sports workshop Healthy Assembly Regular physical activity based workshops throughout the year. Dance workshop for all to enhance PE offer including Bollywood workshop Curriculum reviewed and in place for all staff New equipment to encourage active play at lunchtimes e.g. climbing equipment, skipping ropes, racquets and basketball hoops 	£1000	<ul style="list-style-type: none"> Pupil books will evidence the learning from the activities provided Children enjoy workshops and evidence through their surveys. Development of pupil skills observed by PE Leads and is evident in assessment outcomes. 	<ul style="list-style-type: none"> Planned annually-feedback to parents Annual survey to pupils – actions taken to improve outcomes

- Pupils share achievements in assembly e.g. swimming awards, gymnastics etc

- Dedicated time in celebration assembly weekly – children bring in awards from outside school e.g. badges, trophies, certificates, medals

- Pupil pride in achievements encourages others to participate and pupils to continue with chosen sport

Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport				
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
<ul style="list-style-type: none"> Ensure all staff are confident in teaching and delivering high quality PE 	<ul style="list-style-type: none"> Teachers to observe Usports' lessons x 3 term. Audit teacher's knowledge and confidence in teaching the key curriculum areas (gym, dance, athletics and games) Purchase of a dance programme (PEHub) 	£300 for dance programme	<ul style="list-style-type: none"> Staff survey completed, analysed and CPD planned according to need. 	<ul style="list-style-type: none"> Annual audit of all teaching staff Pupil enjoyment of PE as indicated in Pupil PE survey
<ul style="list-style-type: none"> PE Leads are confident in developing other staff and leading in-house training where required 	<ul style="list-style-type: none"> Attendance at Get Berkshire Active annual conference Attendance at any PE CPD CPD to be led by uSports 		<ul style="list-style-type: none"> Staff confidence in leading PE lessons increased 	<ul style="list-style-type: none"> Annual CPD for all staff
Key indicator 4: Broader experience of a range of sports and activities offered to all pupils				
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
<p>Additional achievements:</p> <ul style="list-style-type: none"> Ensure a wide range of sports are introduced to all pupils via lessons and after school clubs. Ensure Usports continue to deliver the very wide range of team games during PE lessons Continue to deliver a variety of healthy activities with something for everyone i.e. yoga, dance, gymnastics, circuits 	<ul style="list-style-type: none"> Survey the pupils to find out what they would like to learn more about and introduce new sports as appropriate. Usports, Mrs Cox and class teachers to lead and deliver new and existing sports Purchase of equipment as necessary 	<p>£11000 (already calculated above)</p> <p>£500</p>	<ul style="list-style-type: none"> Annual Pupil PE survey of preferred activities 	<ul style="list-style-type: none"> Maintain survey and update lessons and clubs provided

Key indicator 5: Increased participation in competitive sport				
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
<ul style="list-style-type: none"> Continue to participate in any sporting events held in the local community for KS1 Celebrate participation in community clubs and organisations Ensure all games lessons have a competitive element to them 	<ul style="list-style-type: none"> Take part in all suitably timed tournaments /activities Ensure Usports and Mrs Cox build competitive elements into all lessons 	£150 to cover staff	<ul style="list-style-type: none"> Pupil feedback on participation and enjoyment. Celebrate in assembly Lesson plans and pupil participation and enjoyment 	<ul style="list-style-type: none"> Ask USports and to keep us updated about local tournaments. HT to continue to receive invites form WBC Lead

PE Survey 2025	YES	NO
1. Do you enjoy your PE lessons at Emmbrook?	95%	5%
2. Have you enjoyed your lessons with your USports Teachers and Mrs Cox?	95%	5%

<p>Why? Yes</p> <ul style="list-style-type: none"> Jumping over hurdles We practice lots of different sports I like practicing the egg and spoon race I like the lunchtime toys – throwing and catching bean bags The really long rainbow skipping rope at lunchtime is fun. We play fun games I like doing running races I like cricket I like doing multi skills with Mrs Cox It is active I like working on stuff I like the games

- I like the chase tag
- You get better and better
- You get to try new sports
- Mrs Cox gives us lots of exercise
- He makes it fun
- We play a special tag game
- We've been learning new sports such as cricket and tennis
- He is friendly and nice
- Mr Harvey and Archie are great teachers, they are very kind and teach us lots
- Step-ups
- Bench work
- Circuits
- Using the horses and jumping on the mats
- Skipping ropes
- Tennis
- Football
- I like the indoor P.E. climbing frame
- Hoola hoops
- Laps of the playground track
- Multi skills

What is your favourite thing to do in PE?	What else would you like to do in PE?	What other clubs would you like us to have at EIS?
<ul style="list-style-type: none"> • Tiger tails • Parachute • Climbing frame • Circuits • Ball skills • Hurdles • Tennis • Cricket • Athletics • Netball • Football • Hockey, 	<ul style="list-style-type: none"> • Swimming • Golf • Badminton • Trampolining • Swimming • Javelin • More running races • More skipping ropes • More obstacles • More tiger tails chasing games • Volleyball 	<ul style="list-style-type: none"> • tennis • basketball • hockey • judo • trampolining • cricket • gymnastics • golf • ballet • swing-ball

- Rugby
- Multi-skills
- Tennis
- Races
- tag
- Dodgeball
- Gymnastics

- Baseball
- Zip-wire

- table-tennis
- chess
- archery
- cooking
- den building
- Coding